

BLUE LIGHT  
PROFESSIONAL



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application video



## Step-by-Step Guide BLUE LIGHT professional



1.

### Preparation of the nail

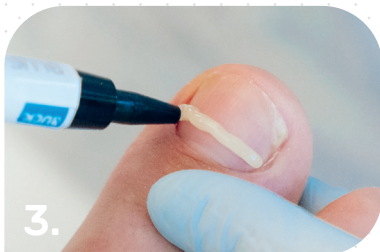
After any nail polish has been removed, the nail is trimmed with a top nipper and the nail plate is smoothed with a diamond bur. The entire nail plate is cleaned and degreased with the RUCK Nail Correction Cleaner. Remove the RUCK Nail Correction BLUE LIGHT professional hard gel from the refrigerator 10 minutes before use.



2.

### Insertion of the pre-tamponades

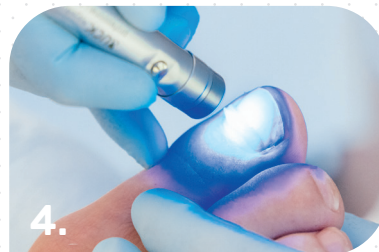
peclavus PODomed Pre-treatment Tincture is dropped into the nail folds and left to soothe for 5 to 8 minutes. The nail folds and nail tip are cleaned of debris with the nail fold instrument before inserting the pre-tamponades. The nail folds are cleaned and degreased with the RUCK Nail Correction Cleaner.



3.

### Application and moulding of the gel

The RUCK Nail Correction Primer is applied with a swab and allowed to air-dry for 60 seconds. Then, the gel is applied to the nail plate with care to ensure good contact and that it does not touch the nail fold. The gel should not raise more than 2 mm in height above the surface of the nail plate. The gel is moulded with the nail fold instrument. The mass should be modelled with slight pressure and flattened towards the nail folds.



4.

### Curing of the gel

After application, the gel is cured for 60 seconds with the RUCK BLUE LIGHT professional LED lamp. BLUE LIGHT protective glasses must be worn during the curing process to prevent damage to the eyes. The dispersion layer that forms is removed with RUCK Nail Correction Cleaner. Tip: Lift the nail during the curing process using a nail fold instrument or tamponade to increase the set tension.



5.

### Correction of imperfections

Any imperfections on the surface of the moulded brace are corrected with a carbide bur. Remember that the total height of the brace should not exceed 2 mm above the surface of the nail plate.



6.

### Insertion of the final tamponade

The pre-tamponades are removed and replaced with fresh copoline material. Finally, the nail folds are soothed by applying peclavus PODomed post-treatment tincture on both sides and then left for 5 to 8 minutes for maximum effect. The brace grows out with the natural growth of the nail and the treatment can be repeated according to the therapeutic requirements.

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